



MEDICAID IN NH

What is Medicaid?

Medicaid is health insurance for older adults in nursing homes, low-wage adults and children, pregnant women, veterans, and people with disabilities. It covers essential services like doctor visits, prescriptions, mental health services, cancer treatments, and long-term care, helping our residents access the care they need to get healthy, stay healthy, and live in our communities. Along with the positive impacts on health outcomes, Medicaid supports New Hampshire's economy, benefits our state budget, and strengthens our workforce.

Who Does Medicaid Cover in New Hampshire?

Over 187,000 New Hampshire residents are currently enrolled in Medicaid — that's 13% of our population. **Nearly half of enrollees are Granite State children.** New Hampshire Medicaid covers:



1 in 4 NH kids



1 in 4 people with disabilities



over half of nursing home residents



1 in 10 veterans



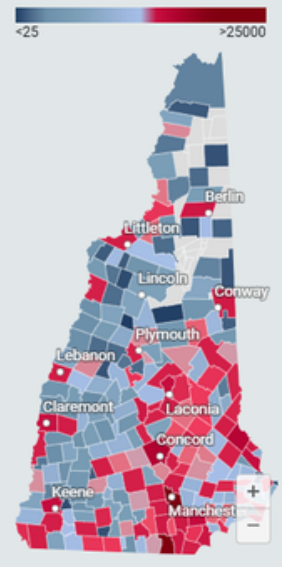
22% of births



Scan the QR code to view the interactive map and see your town's Medicaid enrollment.

New Hampshire Medicaid Enrollment by City/Town

Enrollees on February 28, 2025.
Total Enrollment of 186,920.



Source: Data from NH DHHS

Source: [KFF Medicaid in NH Fact Sheet](#)

Voters Overwhelmingly Support Medicaid and Oppose Cuts

74%

of voters hold favorable views of Medicaid, regardless of political affiliation.

92%

of voters believe it's important that Americans are covered by health insurance.

Source: [Fabrizio Ward Polling](#)

Most Medicaid Recipients Work

92%

of adult Medicaid recipients are working, caregiving, managing health conditions, or attending school.

Source: [KFF](#)

WHAT'S AT STAKE



Federal Concerns

The U.S. Congress is currently considering cuts to Medicaid as a means of financing a massive package of tax cuts through the budget reconciliation process. If enacted, the cuts will cause millions of people to lose their health insurance coverage through the Medicaid program. Some of the proposals currently being discussed at the federal level include:

► Reducing the Federal Match Rate for Medicaid programs

Medicaid is the single biggest source of revenue in the state, and in NH, under the Federal Medical Assistance Percentage (FMAP), the federal government matches 50% of costs for traditional Medicaid, 61% for some children's programs, and 90% for Medicaid Expansion. Congress is considering lowering the FMAP percentage, which will place more of the burden on states to finance their traditional and Medicaid Expansion programs.

► Activating NH's "Trigger Law," Eliminating the Granite Advantage Program

NH is one of several states that enacted a "trigger law" when it expanded Medicaid. If the federal government were to lower the 90% match for the Medicaid Expansion (Granite Advantage) population, the state's trigger law would go into effect, eliminating the expansion program within months. The ~60,000 Granite Staters insured by the Granite Advantage earn \$20,815 or less per year. How will these Granite Staters afford the skyrocketing costs of health insurance if this program goes away?

► Implementing Per Capita Caps

Congress is considering setting per capita caps on federal matching funds for Medicaid - limiting the amount of federal funding provided to states for each Medicaid enrollee. Without states increasing spending to offset the loss of federal dollars, there would be implications for the entire health care system, including reduced Medicaid revenues for providers and higher uncompensated care costs.

State Concerns

► Work Requirements – Included in Federal & State Proposals

SB 134 aimed to set burdensome work requirements for Medicaid expansion recipients in NH. Research consistently shows that work requirements can cause significant numbers of people to lose their coverage, complicate access to care, and disproportionately harm those who need Medicaid the most. While SB 134 was retained, work requirements could still appear in the state budget and are under consideration at the federal level.

► Premiums and Cost-Sharing – Included in Governor & House Budget Proposals

The proposed premiums and cost-sharing measures for some families and individuals covered by Medicaid Expansion and CHIP would shift more costs to families and enrollees, imposing additional financial burdens and barriers to care. For a family of three making \$68,000 per year, the monthly premium could be over \$280 each month, with \$4 co-pays per prescription.

► Medicaid Reimbursement Rate Cuts – Included in House Budget Proposal

A 3% cut to Medicaid reimbursement rates would limit health care providers' ability to serve patients in all areas including primary care, preventive services, behavioral health, and emergency care. This would further strain our health care system, reduce access to care for all NH residents, and potentially force some providers to limit Medicaid services or close their doors entirely.

Any cuts or changes to Medicaid policy will affect everyone in New Hampshire. Consequences include health care facility closures, increased uninsured rates, job losses, and reduced economic activity.